

Color the Ridge

Race Information: Saturday, April 25, 2020

Fun Go Holler Park 200 Racquet Club Pkwy, Pelham, AL 35124

Please select a race: 5K 1Mile

Registration must be received by **March 20, 2020** to guarantee t-shirt

5K race begins at 8:00 am Race Day Registration begins at 7:00 am This DOES NOT guarantee you a t-shirt

1Mile race begins at 9:30 am Race Day Registration begins at 8:30 am This DOES NOT guarantee you a t-shirt

EACH PARTICIPANT MUST FILL OUT A SEPARATE FORM: (Link to registration forms are on the Pelham Ridge website)

Name: _____ Age: _____ Grade: _____ Homeroom Teacher: _____

T-Shirt Size: YS YM YL AS AM AL AXL Paid by: Cash Check Phone

Number _____ (required)

Address: _____ E-Mail: _____ (required)

Waiver and Release

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against Pelham City Schools, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the PCS Representatives to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

_____ I understand and agree to the waiver and release

Entrance Signature(s) or Signature of Parent/Guardian if entrant is under 18 years old Date

5K Entry Fee is \$20 per person, fee comes with a FREE Color the Ridge T-Shirt if registered by March 20th

1Mile Entry Fee is \$10 per person, fee comes with a FREE Color the Ridge T-Shirt if registered by March 20th

5K Entry Fee after 3/20 is \$25 1Mile Entry Fee after 3/20 is \$15 ENTRIES AFTER 3/20 ARE NOT GUARANTEED A T-SHIRT!

Makes checks payable to Pelham Ridge Elementary School

Contact Tammy Causey at tcausey@pelhamcityschools.org for questions

Please return the Registration Forms to the school office. Additional forms are available at pres.pelhamcityschools.org